

Open Gym Schedule

Open Play Basketball

Varying levels of half-court pickup games and shooting.

Monday—Friday 6:30p-8:30p

Saturdays 9:30a-2:00p

50+ Open Play 3:00p-6:00p Mondays & Thursdays



Open Play Volleyball (13 and older)

Competitive pick-up games for men and women.

Sundays 1:00p-5:00p



Tot Time (5 and under with parent/guardian)

Playtime for young children. Registration form must be completed by parent or guardian.

Wednesdays 10:00a-12:00p



Open Play Policies

Please see front desk staff for a complete listing of Open Play Policies.

1. The open play schedule is subject to change without notice. Please call the Open Play Line at (919) 996-6736 for the up to date schedule.
2. Youth 17 and younger must have a form filled out by a parent/guardian yearly.
3. Participants 18 and older must have a valid, government issued photo ID. School or work ID's are not accepted
4. 16 and younger must be accompanied by a parent or guardian to be in the center after 6pm Monday through Thursday.